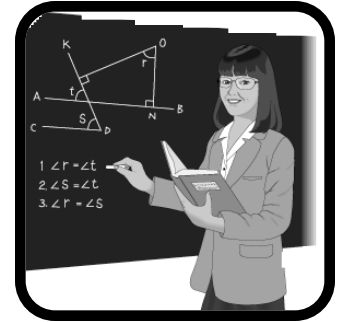


# Interest Checklist



Colorado Department of Labor & Employment  
Office of Employment Programs



It is important to all of us that we like our jobs; doing so will increase our chances of success.

This Interest Checklist may help you decide what kinds of work you would like to do. It lists activities that are found in a broad range of industries and occupations in the United States today.

Read each of the statements carefully. If you think you would “like” to do this kind of activity, make a check  $\checkmark$  under the “L”; if you “don’t like” the activity, make a  $\checkmark$  under the “D”; if you are not certain whether you would like the activity or not, make a  $\checkmark$  under the “?”. After you have checked each activity, go back and double check  $\checkmark\checkmark$  at least three activities that you think you would like most to do.

You may check an activity even if you do not have training or experience for it, if you think you would enjoy the work. Check the “?” *only* when you cannot decide whether you would like or dislike the activity, or when you do not know what the activity is.

There are no right or wrong answers. Check each activity according to how *you* feel about it. The more you know about your likes and dislikes, the more you will be able to help yourself in thinking about careers.

*Now turn the page and begin.*

Read each of the items below and indicate how you feel about the activity described by placing a check ✓ under:

L (Like)

? (Uncertain)

D (Dislike)

	L	?	D		L	?	D
Write short stories or articles .....	___	___	___	Supervise a logging crew .....	___	___	___
Edit work of writers .....	___	___	___	Supervise a park maintenance crew .....	___	___	___
Write reviews of books or plays .....	___	___	___	Train horses for racing .....	___	___	___
Teach classes in oil painting .....	___	___	___	Feed and care for animals in a zoo .....	___	___	___
Carve figures of people or animals .....	___	___	___	Bathe and groom dogs .....	___	___	___
Design artwork for magazines .....	___	___	___	Pick vegetables on a farm .....	___	___	___
Direct plays .....	___	___	___	Catch fish as a member of a fishing crew .....	___	___	___
Perform magic tricks in a theater .....	___	___	___	Trim branches and limbs from trees .....	___	___	___
Announce radio or television programs .....	___	___	___	Direct police activities .....	___	___	___
Conduct a symphony orchestra .....	___	___	___	Issue tickets to speeding motorists .....	___	___	___
Compose or arrange music .....	___	___	___	Enforce fish and game laws .....	___	___	___
Play a musical instrument .....	___	___	___	Guard inmates in a prison .....	___	___	___
Create routines for professional dancers .....	___	___	___	Guard money in an armored car .....	___	___	___
Dance in a variety show .....	___	___	___	Fight fires to protect life and property .....	___	___	___
Teach modern dance .....	___	___	___	Plan and design roads and bridges .....	___	___	___
Restore damaged works of art .....	___	___	___	Design electrical equipment .....	___	___	___
Carve designs in wooden blocks for printing greeting cards .....	___	___	___	Plan construction of a water treatment plant .....	___	___	___
Design and paint signs .....	___	___	___	Direct operations of a power plant .....	___	___	___
Analyze handwriting and appraise personality .....	___	___	___	Direct construction of buildings .....	___	___	___
Introduce acts in a circus .....	___	___	___	Supervise operations of a coal mine .....	___	___	___
Guess weight of people at a carnival .....	___	___	___	Survey land to determine boundaries .....	___	___	___
Model clothing for customers .....	___	___	___	Make drawings of equipment for technical manuals .....	___	___	___
Pose for a fashion photographer .....	___	___	___	Operate a radio transmitter .....	___	___	___
Be a stand-in for a television star .....	___	___	___	Design and draft master drawings of automobiles .....	___	___	___
Develop chemical processes to solve technical problems .....	___	___	___	Direct air traffic from an airport control tower .....	___	___	___
Analyze data on weather conditions .....	___	___	___	Conduct water pollution tests .....	___	___	___
Develop methods to control air or water pollution .....	___	___	___	Pilot a commercial aircraft .....	___	___	___
Study causes of animal diseases .....	___	___	___	Operate a ferry boat .....	___	___	___
Develop methods for growing better crops .....	___	___	___	Be captain of an oil tanker .....	___	___	___
Develop new techniques to process foods .....	___	___	___	Build frame houses .....	___	___	___
Examine teeth and treat dental problems .....	___	___	___	Make and repair dentures .....	___	___	___
Diagnose and treat sick animals .....	___	___	___	Prepare and cook food in a restaurant .....	___	___	___
Give medical treatment to people .....	___	___	___	Plan, install and repair electrical wiring .....	___	___	___
Prepare medicines according to prescription .....	___	___	___	Repair and overhaul automobiles .....	___	___	___
Study blood samples using a microscope .....	___	___	___	Set up and operate printing equipment .....	___	___	___
Test ore samples for gold and silver content ...	___	___	___	Operate generators at an electric plant .....	___	___	___
Manage a beef or dairy ranch .....	___	___	___	Operate boilers to heat a building .....	___	___	___
Operate a commercial fish farm .....	___	___	___	Operate water purification equipment .....	___	___	___
Manage the use and development of forest lands .....	___	___	___	Inspect fire-fighting equipment .....	___	___	___
Supervise farm workers .....	___	___	___	Inspect aircraft for mechanical safety .....	___	___	___
				Grade logs for size and quality .....	___	___	___
				Drive a tractor-trailer truck .....	___	___	___
				Operate a locomotive .....	___	___	___

	L	?	D
Operate a motorboat to carry passengers .....	___	___	___
Prepare items for shipment and keep records .....	___	___	___
Receive, store and issue merchandise .....	___	___	___
Record amount and kind of cargo on ships ....	___	___	___
Develop film to produce negatives or prints ...	___	___	___
Repair small electrical appliances .....	___	___	___
Paint houses .....	___	___	___
Operate a bulldozer to move earth .....	___	___	___
Operate a crane to move materials .....	___	___	___
Operate an oil drilling rig .....	___	___	___
Recap automobile tires .....	___	___	___
Operate a duplicating copy machine .....	___	___	___
Clean and maintain office buildings .....	___	___	___
Set up and operate a lathe to cut and form metal .....	___	___	___
Drill tiny holes in industrial diamonds .....	___	___	___
Hand polish optical lenses .....	___	___	___
Operate a drill press .....	___	___	___
Operate a power saw in a woodworking factory .....	___	___	___
Assemble refrigerators and stoves in a factory .....	___	___	___
Operate a power sewing machine to make clothing .....	___	___	___
Operate a dough-mixing machine for making bread .....	___	___	___
Assemble electronic components .....	___	___	___
Inspect bottles for defects .....	___	___	___
Sort fruit according to size .....	___	___	___
Test electronic parts before shipment .....	___	___	___
Operate a grinding machine in a factory .....	___	___	___
Work on a factory assembly line .....	___	___	___
Operate a machine that fills containers .....	___	___	___
Hand package materials and products .....	___	___	___
Assemble parts to make venetian blinds .....	___	___	___
Drive a forklift truck to move materials in a factory .....	___	___	___
Take dictation, type and handle business details .....	___	___	___
Search records to verify land ownership .....	___	___	___
Maintain records on real estate sales .....	___	___	___
Maintain charge account records .....	___	___	___
Keep timecard records .....	___	___	___
Compute average weekly production from daily records .....	___	___	___
Receive and pay out money in a bank .....	___	___	___
Sell tickets at places of entertainment .....	___	___	___
Operate a cash register in a grocery store .....	___	___	___
Answer questions at an information counter .....	___	___	___
Operate a telephone switchboard .....	___	___	___

	L	?	D
Interview persons wanting to open checking accounts .....	___	___	___
Check typewritten material for errors .....	___	___	___
Compile and maintain employee records .....	___	___	___
Deliver mail to homes and businesses .....	___	___	___
Type letters and reports .....	___	___	___
Operate a computer typewriter to send or receive information .....	___	___	___
Operate a billing machine to prepare customer bills .....	___	___	___
File office correspondence .....	___	___	___
Locate and replace library books on shelves ...	___	___	___
Handstamp return addresses on envelopes ....	___	___	___
Sell telephone and other communication equipment .....	___	___	___
Sell newspaper advertising space .....	___	___	___
Select and buy fruits and vegetables for resale .....	___	___	___
Sell automobiles .....	___	___	___
Demonstrate products at a trade exhibit .....	___	___	___
Sell articles at auction to highest bidder .....	___	___	___
Sell merchandise from door to door .....	___	___	___
Sell candy and popcorn at sports events .....	___	___	___
Persuade nightclub customers to pose for pictures .....	___	___	___
Supervise activities of children at vacation camp .....	___	___	___
Greet and seat customers in a restaurant .....	___	___	___
Serve meals and beverages to airline passengers .....	___	___	___
Give haircuts .....	___	___	___
Style, dye and wave hair .....	___	___	___
Give scalp-conditioning treatments .....	___	___	___
Drive a bus .....	___	___	___
Drive a taxicab .....	___	___	___
Teach automobile driving skills .....	___	___	___
Wait on tables in a restaurant .....	___	___	___
Park automobiles .....	___	___	___
Cash checks and give information to customers .....	___	___	___
Check passenger baggage .....	___	___	___
Help hotel guests get taxicabs .....	___	___	___
Operate a carnival ride .....	___	___	___
Plan and carry out religious activities .....	___	___	___
Work with juveniles on probation .....	___	___	___
Help people with personal or emotional problems .....	___	___	___
Provide nursing care to hospital patients .....	___	___	___
Plan and give physical therapy treatment to patients .....	___	___	___
Teach the blind to read braille .....	___	___	___

	L	?	D
Give hearing tests .....	___	___	___
Care for children at an institution .....	___	___	___
Prepare patients for examination by a physician .....	___	___	___
Plan and write computer programs to help solve scientific problems .....	___	___	___
Plan collection and analysis of statistical data .....	___	___	___
Apply knowledge of statistics to set insurance rates .....	___	___	___
Teach courses in high school .....	___	___	___
Teach vocational education courses .....	___	___	___
Manage the library program for a community .....	___	___	___
Do research to develop new teaching methods .....	___	___	___
Do research to understand social problems ...	___	___	___
Review and analyze economic data .....	___	___	___
Serve as a court judge .....	___	___	___
Advise clients on legal matters .....	___	___	___
Settle wage disputes between labor and management .....	___	___	___
Manage a department of a large company .....	___	___	___
Plan and direct work of a governmental office .....	___	___	___
Purchase supplies and equipment for a large firm .....	___	___	___
Examine financial records to determine tax owed .....	___	___	___
Approve or disapprove requests for bank loans .....	___	___	___
Buy and sell stocks and bonds for clients .....	___	___	___
Direct administration of a large hospital .....	___	___	___
Serve as principal of a school .....	___	___	___
Direct operations of a museum .....	___	___	___
Write news stories for publication or broadcast .....	___	___	___
Broadcast news over radio or television .....	___	___	___
Direct operations of a newspaper .....	___	___	___
Plan advertising programs for an organization .....	___	___	___
Direct fund raising for a non-profit organization .....	___	___	___
Lobby for or against proposed legislation .....	___	___	___
Direct investigations to enforce banking laws .....	___	___	___
Inspect work areas to detect unsafe working conditions .....	___	___	___
Inspect cargo to enforce custom laws .....	___	___	___

	L	?	D
Manage a hotel or motel .....	___	___	___
Direct activities of a branch office of an insurance company .....	___	___	___
Manage a grocery, clothing, or other retail store .....	___	___	___
Investigate and settle insurance claims .....	___	___	___
Obtain leases for outdoor advertising sites .....	___	___	___
Sign entertainers to theater or concert contracts .....	___	___	___
Manage a professional baseball team .....	___	___	___
Referee sporting events .....	___	___	___
Drive in automobile races .....	___	___	___
Perform as a trapeze artist in a circus .....	___	___	___
Perform stunts for movie or television scenes	___	___	___
Perform juggling feats .....	___	___	___

**NOW, GO BACK AND DOUBLE CHECK AT LEAST THREE ACTIVITIES THAT YOU WOULD MOST LIKE TO DO:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

OR:

**LIST ANY JOB AREAS THAT YOU ARE INTERESTED IN IF THEY DO NOT APPEAR ON THESE LISTS.**

**Where to research jobs/careers:**

- classified ads in newspapers, magazines, trade and professional journals
- colleges, universities, community colleges, counseling and career centers
- friends, relatives and people performing job
- public libraries
- bookstores
- private and public employment agencies
- yellow pages
- professional associations
- state, local and federal civil service offices and announcements